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Training materials are available on the
VA App Store at mobile.va.gov/appstore, or
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weekdays from 7 a.m.-7 p.m. (CT).

**Having trouble using one
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- View your VA health care data
- Refill prescriptions
- Send secure messages to your VA care team between your appointments
- Share your health information with your VA care team
- Access new tools for managing and tracking your own health

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